

Tonbridge and Malling
Specialist Teaching and Learning
Service
Training and Development Brochure
2020-2021

This brochure includes the training courses offered in the Tonbridge and Malling District along with the Double District training offered by Maidstone STLS and the County Physical Disabilities team.

Training for Newly Qualified Teachers and NQT+1

NQT Workshops

Target Audience: Newly Qualified Teachers and Newly Qualified Teachers +1

Duration: eight half days

This course will enable Newly Qualified Teachers and NQTs+1 to identify some of the SEN needs of pupils in their classrooms, and provide key strategies to support them.

Sessions include:

1. Introduction to SEN including a Cognition and Learning overview
2. Behaviour, wellbeing and mental health
3. De-escalation
4. ASD theories
5. ASD strategies
6. Attachment and resilience

Training is delivered over six sessions with two follow-up surgeries.

Communication and Interaction

Autism Awareness for Primary Schools

Target Audience: Primary Teachers/SENCOs/TAs

Duration: two days

Double District Training

What is autism? This course will look at the three main theories of ASD diagnosis and will consider the impact of social interaction and communication on an individual with ASD. The second session focuses on behaviour and will equip delegates with practical strategies and interventions to support children in school.

Training is delivered over two sessions:

- Session 1 covers Theories and Language/Communication
- Session 2 covers Behaviour and practical strategies to use

Autism Awareness for Transition to Secondary Schools

Target Audience: Primary and Secondary SENCOs/Year 6 Teachers/Heads of Year 7/Pastoral Support Managers

Duration: half day

Double District Training

This course is designed to support staff in preparing students with ASD/social communication difficulties and their families for the transition to secondary school. We will look at the transition from the perspective of both primary and secondary schools, providing practical strategies to help all concerned to view the move as positive and exciting.

Social Stories for Settings and Schools

Target Audience: EYFS practitioners/Primary Teachers/TAs. Social Stories for Parents is offered separately.

Duration: two half days

Double District Training

Social stories are used as a means of developing social understanding, introducing appropriate social knowledge in the form of a story that provides a visual support for the child. This training aims to give participants an understanding of how social stories can support children with a diagnosis of ASD and children with Speech, Language and Communication Needs.

This course is delivered over two sessions, offering the delegate a chance to generate personalised resources.

Pathological Demand Avoidance (PDA)

Target Audience: Primary school teachers and TAs

Duration: half day

This Awareness training aims to increase your knowledge of PDA and to increase your understanding of how to support a child presenting with PDA/Demand avoidant behaviour. The training will look at the link with an autism diagnosis and why some traditional ASD strategies do not appear to be effective. You will be shown resources and be signposted to websites that will support staff in school and the family at home.

SCERTS – Model for Autism

Target Audience: SENCos and PSHE Co-ordinators

Duration: three days

Double District Training

This three-day course will introduce the SCERTS model: a comprehensive, multidisciplinary educational approach designed for children with ASD. This model provides a framework for those seeking guidelines for implementing a comprehensive educational plan that is based on knowledge of the core developmental challenges, family-centred care, and the recommended tenets of educational programming. Participants will learn how to determine meaningful, purposeful, and motivating goals based on a child's developmental stage, functional needs, and family priorities. Additionally, participants will learn how to determine essential interpersonal modifications, environmental arrangement, and visual supports and how they can be embedded in natural, functional and meaningful contexts.

An emphasis will be placed on problem solving how the SCERTS practice principles can be applied to ensure that children are:

- Maintaining active engagement in everyday activities;
- Making smooth and independent transitions across natural routines at home, at school, and in the community;
- Expressing their emotions and using coping strategies in a conventional manner.

Formal assessment procedures and methods for assessing progress will also be discussed.

The Sensational Classroom – Practical Strategies for Students with Sensory Regulation Difficulties aged 5-16

Target Audience: SENCOs, Teachers and TAs from all phases. Senior Leaders also welcome.

Duration: half day

Double District Training

Do you have learners who are easily overwhelmed? Or who can't sit still and get started with a task and need constant re-focusing? This training aims to increase awareness of how sensory regulation difficulties may present in the classroom and to understand how sensory regulation difficulties impact upon access to the curriculum. Delegates will be introduced to a range of practical, age appropriate strategies which can be used to support sensory regulation within the classroom and the wider school context.

This course is delivered by a Specialist Paediatric Occupational Therapist with over 25 years' experience working with children and young people.

Communication and Interaction Surgery

Target Audience: Primary and Secondary SENCOs and Inclusions Managers

Duration: allocated time slots

This free drop-in session provides an opportunity to discuss specific children that are of concern with regards to their communication and interaction needs or presentation in school.

Our aim is to support SENCOs with identifying strategies and signposting interventions and resources available to schools, either through our STLS SEND Lending Library or online websites and apps. Relevant training opportunities can be highlighted for staff.

ASD Secondary Transition Project

Target Audience: Primary and Secondary SENCOs and Inclusion Managers

Duration: Term 5-6

To provide identified ASD children with a structured transition project, which is over and above what is in place for all Year 6 pupils in Primary Schools:

- To ensure that all aspects of the child's secondary transition are thoroughly and carefully worked through and planned;
- To instil confidence and reduce anxiety for children, parents/carers and school staff, with regards to Secondary Transfer;
- To ensure a successful Secondary Transition for all identified children.

Cognition and Learning

Dyslexia in the classroom

Target Audience: Primary and Secondary SENCos, Teachers and TAs

Duration: one day

Double District Training

This course is designed to equip teachers with an understanding of the barriers that Dyslexia presents to learning, alongside practical strategies for supporting learners in the classroom.

Dyslexia for SENCos

Target Audience: SENCos

Duration: half day

Double District Training

This course is aimed at SENCos who have a prior knowledge of Dyslexia and the barriers it presents to learning. As part of the course, we will explore the history of Dyslexia and research that has been conducted. We will also look at some dyslexic screeners alongside some specific interventions that best support our learners.

Dyslexia for Parents

Target Audience: Parents with primary or secondary children who have dyslexia (diagnosed or undiagnosed)

Duration: one day

This course looks at the barriers that dyslexia presents to learning and the ways in which parents can best support their children.

Building Phonics Skills for Reading and Writing

Target Audience: Primary and Secondary SENCOs, Teachers and TAs

Duration: half day

Double District Training

Phonics plays an integral role in our ability to read and write. This course looks at all aspects of phonological awareness and the ways in which these can be taught to enable successful readers and writers.

Dyscalculia

Target Audience: Primary and Secondary SENCOs, Teachers and TAs

Duration: half day

Double District Training

This course will extend knowledge and understanding of Dyscalculia and maths difficulties, providing practical strategies to support children within these areas.

Cognition and Learning and SaLT Surgery

Target Audience: Primary and Secondary SENCOs

Duration: half hour time slots

This free drop-in session provides an opportunity to discuss children (either anonymously or named with parental permission) that are of concern with regards to their slow academic progress/speech and language needs. Our aim is to support SENCOs with identifying the barriers to learning for these particular children through use of assessments, interpretation of data and support/interventions that can be put in place.

Executive Functioning, Metacognition and Independent Learning

Target Audience: Primary and Secondary SENCos, Teachers and TAs

Duration: half day

Double District Training

Executive Functioning skills are what let us plan and organise our lives. They have an impact on learning and life both in and out of school. This course begins by looking at the areas of executive function and how we can best support those children who are struggling with these skills. We will look at metacognition (or 'thinking about thinking') and how the two are entwined. The course then finishes by looking at how these skills can lead to independent learning, and how we can provide strategies to develop these skills further.

Music, Singing and the Benefits to Learning

Target Audience: Early Years SENCos and Practitioners and Key Stage 1 staff

Duration: one day

This course will focus on using music, action rhymes and songs to develop skills and learning in young children. A combination of theory and practice will focus on extending attention and listening skills, shared attention skills, motor skills and pre-literacy and pre-numeracy skills. We will also focus on singing having a positive impact on children's wellbeing.

Places are limited for this course as it is delivered as a small group session.

Questioning

Target Audience: SENCos/Teachers/TAs

Duration: half day

Double District Training

This course will enable attendees to discover the value of good questioning and to learn the purpose of different kinds of questions. Delegates will leave the session with a number of techniques, which can be immediately employed back in the classroom. These techniques will enable delegates to take all children's learning forward, irrespective of age or ability.

Supporting a Named Child - Key Person Approach

Target Audience: Primary and Secondary TAs, Teachers and SENCOs

Duration: half day

Double District Training

This training aims to look at the importance of 'making reasonable adjustments' when working closely with individual children and small groups. Being an effective 'key person' for a child can reduce anxiety and inappropriate behaviour, build confidence and resilience and facilitate independent learning. This course will address challenges arising when working with a child within a school environment and present a range of strategies to support this very demanding role.

Clever Fingers and Developing Fine Motor Skills

Target Audience: SENCOs, Teachers, TAs, support/advisory services and Parents

Duration: half day

Double District Training

This training will introduce you to the building blocks of fine motor skill development, as well as 'Clever Fingers' and how it all works. It will inform best practice for working with pupils who struggle with handwriting and/or scissor skills, or who have Dyspraxia or DCD (Developmental Coordination Disorder). This training will provide you with practical hands-on opportunities to try out the Resource Pack and create your own ideas for a Clever Fingers Box and activities.

Social, Emotional & Mental Health

De-escalation Techniques and Avoiding Fixed-Term Exclusion

Target Audience: Primary and Secondary Teachers/Pastoral Staff/SENCOs

Duration: half day

Double District Training

A Workshop/Training session to identify and develop a range of techniques and strategies to support de-escalation and help reduce the number of fixed-term exclusions including the use of restorative approaches, positive behaviour policies and more.

Adverse Childhood Experiences

Target Audience: Primary and Secondary Staff/SENCOs

Duration: half day

Double District Training

Course aims:

- To understand what is meant by ACEs;
- To identify vulnerable pupils who need resilience support;
- To identify ways in which schools can be more trauma informed.

ADHD, ODD and Conduct Disorders

Target Audience: Primary and Secondary Staff/SENCOs

Duration: half day

Double District Training

An overview of ADHD, ODD and Conduct Disorders:

- To raise awareness of the medical issues and consider some of the possible causes;
- To extend the range of practical strategies available to enable inclusion within school/classroom settings and incorporating relevant ADHD guidance;
- To consider the different approaches needed for ODD and conduct disorders.

Anxiety, Attachment and Trauma

Target Audience: Primary and Secondary Teachers and TAs/SENCOs

Duration: half day

Double District Training

This one-day course will increase awareness of attachment and trauma and the theory behind these. Delegates will have a better understanding of how to meet the needs of children who present with attachment difficulties in the educational setting and be equipped with practical strategies to engage and support children and young people experiencing anxiety.

Wellbeing and Mental Health

Target Audience: SENCOs and PSHE Co-ordinators

Duration: half day

Double District Training

This training will explore the concept of wellbeing within education and discuss its impact upon pupil behaviour. We will highlight strategies to support pupil wellbeing and behaviour and explore some of the main mental health issues that delegates may encounter in the classroom.

Understanding Self-Harm

Target Audience: Primary and Secondary Staff/SENCOs

Duration: half day

Double District Training

This course is centred around raising awareness of the various types of self-harm and their associated risks. Attendees will learn practical strategies to engage and support those at risk and we will provide signposting to support colleagues and parents/carers working with young people who self-harm. Part of the session will provide opportunities to discuss and problem solve around anonymous cases.

Creating a Nurture-Friendly Classroom

Target Audience: Primary and Secondary Staff/SENCOs

Duration: half day

This half-day session will explore alternatives to a nurture provision. Delegates will learn how to use a nurturing approach in the classroom using a range of strategies including circle time, mindfulness, zones of regulation and emotional literacy.

Managing Anxiety

Target Audience: Primary and Secondary Staff/SENCOs

Duration: half day

Double District Training

This course provides a general introduction to different types of anxiety and how these may manifest in the classroom. A range of practical strategies will be presented for managing anxiety during exams and other stressful periods such as transition.

Avoiding Fixed-Term Exclusions

Target Audience: Primary and Secondary Teachers/Pastoral Staff/SENcos

Duration: half day

A Workshop/Training session to identify and develop a range of techniques and creative strategies and help reduce the number of fixed-term exclusions and to support de-escalation, including the use of restorative approaches, positive behaviour policies and more.

Understanding the Boxall Profile

Target Audience: Primary/Secondary SENcos, Class Teachers and TAs

Duration: half day, recorded session

Double District Training

This recorded half-day session will support attendees in interpreting targets set and implementing strategies using the Boxall Profile.

Pre-requisite: Attendees should have attended a previous Boxall training session or have a good understanding of how to complete a profile. It is suggested that if delegates have 'Beyond the Boxall' they should have it to hand for the session.

Managing Childhood Anxiety (Led by Beck Ferrari)

Target Audience: Primary school staff including SENcos, Family Liaison Officers, TAs, Mentors, Parents of primary aged children struggling with anxiety. (We strongly recommend a member of staff working with the child attends with the parent)

Duration: one day

Double District Training

This course will focus on:

- Why children worry;
- What keeps anxieties going?
- Practical ways to help children to manage their anxieties (drawing on Cognitive Behaviour Therapy Approaches);
- Resources, tools and sources of support for anxious children.

Supporting Children and Young People who may be at Risk of Self-Harm

Target Audience: Primary and Secondary School Staff

Duration: half day

Double District Training

A half-day introductory workshop to explore the issue of self-harm in children and young people.

By the end of the day participants will gain:

- Greater insight into the minds of young people who self-harm;
- Awareness of the various types of self-harm and the associated risks;
- Practical strategies to engage and support young people who self-harm;
- Confidence to support colleagues and parents/carers working with young people who self-harm;
- An overview of self-harm and overdose assessment and risk management including appropriate referral pathways;
- Information on treatment and care offered by CAMHS (Child & Adolescent Mental Health Services).

Supporting Emotional Wellbeing in the Classroom – Wellbeing Toolkit

Target Audience: SENCos and PSHE Co-ordinators

Duration: half day

Double District Training

On this course you will be given the opportunity to develop a Wellbeing Programme, which will support your PSHE curriculum. It will enhance your knowledge and understanding of using the Wellbeing Toolkit in a practical way.

Delegates are required to bring a copy of the Toolkit to the course.

SEMH Surgery – Supporting Transition

Target Audience: Secondary SENCOs and Inclusion Managers

Duration: allocated time slots

This free drop-in session will provide an opportunity to discuss areas of concern with regard to social, emotional and mental health and to support schools where there are concerns regarding those pupils who have recently transitioned from primary to secondary school.

Our aim is to support SENCOs in identifying possible SEMH barriers to learning – for example, identifying effective behaviour strategies, using the Mainstream Core Standards, referral processes and signposting to services/resources in our area.

SEMH Surgery

Target Audience: Primary and Secondary SENCOs and Inclusion Managers

Duration: allocated time slots

This free drop-in session will provide an opportunity to discuss areas of concern with regard to social, emotional and mental health. Our aim is to support SENCOs in identifying possible SEMH barriers to learning – for example, identifying effective behaviour strategies, using the Mainstream Core Standards, referral processes and signposting to services/resources in our area.

Early Years Training

Visual Support Training for Early Years

Target Audience: Early Years SENCOs and Practitioners

Duration: half day

An interactive session looking at a range of visual support strategies that can be implemented in Early Years settings to develop and extend children's learning.

Early Years Paperwork

Target Audience: Early Years SENCOs and Practitioners

Duration: half day plus follow-up surgery as applicable

We will spend the session looking at the range of Early Years paperwork, focusing on how and when to complete specific documents in line with the SEN Code of Practice. Time will be spent looking at Targeted Plans, Personalised Plans and the EHCP paperwork. There will be opportunities to discuss how best to complete the paperwork. For those settings who will be completing EHCP paperwork, we will be offering a follow-up surgery to look at the completed paperwork prior to submission.

Emotional Regulation – Supporting Children Where Behaviours Challenge

Target Audience: Early Years SENCOs and Practitioners. (This course is aimed primarily at staff in Early Years Settings but could also benefit those working in Reception/EYFS)

Duration: half day

Double District Training

This course aims to:

- Help identify difficulties and issues associated with children with emotional and social challenges in the EYFS;
- Identify how the environment in your setting impacts on children's behaviours;
- Increase your confidence and skills to use strategies to support children with emotional and behavioural needs in Early Years settings.

Early Years Intensive Interaction

Target Audience: Early Years SENCOs and Practitioners

Duration: half day

This half day session is an opportunity to learn about Intensive Interaction from Specialist Speech and Language Therapists. The session will focus on developing the 'fundamentals of communication' using intensive interaction. Delegates will learn how to engage, play and develop shared attention with children who have speech, language and communication needs.

There are two opportunities to attend this session during the academic year.

Autism Awareness for Early Years Settings

Target Audience: Early Years SENCOs and Practitioners

Duration: two days

Double District Training

This training will focus on:

- What is Autism Spectrum Disorder?
- The impact of social interaction and communication on an individual;
- The impact the environment can have on a child with a focus on strategies and interventions to support;
- Understanding behaviours and provide practical strategies to support children.

This course is delivered over two sessions and both must be completed. This training must be completed prior to InPrint 3 and Social Stories training.

Small Steps for Great Gains

Target Audience: Early Years SENCOs and Practitioners

Duration: one day

Double District Training

This course is designed to help SENCOs plan, support and enable access to learning for young children with complex needs. We will look at provision for two-year-olds with complex needs and consider adaptations and differentiation that may be needed to develop learning in an Early Years setting.

Music, Singing and the Benefits to Learning

Target Audience: Early Years SENCOs and Practitioners and Key Stage 1 staff

Duration: one day

This course will focus on using music, action rhymes and songs to develop skills and learning in young children. A combination of theory and practice will focus on extending attention and listening skills, shared attention skills, motor skills and pre-literacy and pre-numeracy skills. We will also focus on singing having a positive impact on children's wellbeing.

Places are limited for this course as it is delivered as a small group session.



Supporting Interaction and Engagement in Year R

Target Audience: Year R Teachers and TAs, SENCos, EYFS Lead Teachers

Duration: two half days

Double District Training

This course aims to discuss approaches and strategies to support Year R staff in meeting the developmental needs of all the children in their classes. We discuss early identification of SEN as opposed to developmental delay. We look at what practical things can be done to improve pupil engagement in play and adult-led activities through positive interactions. Ultimately, supporting pupils in moving through the EYFS curriculum and reaching their potential.

Early Years Surgery Supported by STLS and Equality and Inclusion

Target Audience: Early Years Managers/SENCos/Practitioners

Duration: allocated time slots

This free drop-in session will provide an opportunity for SENCos/Managers/Key Persons to discuss all areas of concern with regard to supporting children with possible SEND in an Early Years Setting prior to consideration of a LIFT referral.

You will have the opportunity to discuss relevant paperwork including Targeted Plans and Best Practice Guidance, as well as having queries about support agencies such as Portage and SENIF answered. Parental agreement to engage is not required as children will be discussed anonymously.

Transition Planning Meeting from Preschool to School (Liaison between settings and schools)

Target Audience: Staff from all Tonbridge and Malling Preschools and Schools are welcome, however the focus will be on supporting those children with additional needs particularly those known to the Specialist Teaching and Learning Service.

Duration: one half day session each for Tonbridge and Malling settings

Meeting Objectives:

- An opportunity for staff from Preschool settings to meet with School SENCOs and Reception class teachers to begin the transition process for children moving from preschool to school in September;
- There will be room for conversations between settings and schools to discuss individual children, considering how best to support their transition to school;
- Transition resources will be available alongside STLS EY Staff to discuss and plan transitions.

Physical Disability

Fine motor skills, developing handwriting and alternative methods of recording the curriculum

Target Audience: KS1-KS2 Teachers, SENDCos

Duration: half day

Area Training

This course will look at support for CYP with handwriting difficulties.

The course will cover:

- Strategies and activities for fine motor skills development;
- Resources and strategies for children who need additional help with writing;
- Alternative methods and resources to help differentiate the curriculum for recording;
- Introduction to use of assistive technology for CYP with handwriting difficulties.

Alternative methods of recording the curriculum and use of assistive technology for CYP who have handwriting difficulties

Target Audience: KS2-KS4 teachers and SENDCos

Duration: half day

Area Training

This course will look at support for CYP with handwriting difficulties.

The course will cover:

- Resources and strategies to support alternative ways of recording paper-based evidence;
- Assistive technology solutions for CYP with handwriting difficulties using computer software that should be readily available in schools;
- Advice on JCQ requirements for exam arrangements.

Introduction to paediatric moving and handling in schools

Target Audience: School staff working with PD or complex medical needs

Duration: one day (6 hours with lunch break)

Area Training

This is a generic course covering theory and practical hands-on training for all staff working with PD or complex medical needs children and young people.

Course content:

- Legislation – duties and responsibilities;
- Back awareness and back care, biomechanics of the body;
- Safer principles of manual moving and handling and introduction to hoisting;
- Risk assessments for moving and handling PD and/or complex medical needs.

Refresher course for paediatric moving and handling in schools

Target Audience: School staff working with PD or complex medical needs who have attended a generic paediatric moving and handling course within the last two years (evidence will be required)

Duration: half day

Area Training

This refresher course will cover:

- Revisit of relevant legislation, duties and responsibilities;
- Review of safer principles of manual moving and handling;
- Review of principles of hoisting and safety checks;
- Review of risk assessments and workshop discussion around problem solving.

Physical Disability and PE

Target Audience: Primary and Secondary workshops are offered for school clusters (up to 25 staff) or multi-academy trusts.

Duration: Training packages can be arranged for half day sessions or two twilight sessions

Area Training Contact stlspd@valence.kent.sch.uk to discuss dates and arrangements

Workshops will be practical with lots of discussion and interaction to focus on solution-focused problem solving for pupils currently known to staff attending the workshop.

Course content:

- Curriculum overview;
- What is inclusive PE?
- Possible barriers to participation;
- Knowing your students;
- Differentiation for inclusion;
- Equipment ideas to support inclusion;
- Safety;
- Changing;
- Sports Day;
- Secondary – Examination Courses.

Bespoke Training

InPrint 3

Target Audience: EYFS practitioners/Primary Teachers/SENCOs and Parents

InPrint 3 is the perfect tool to create visual supports and learning materials using symbols and photographs, facilitating choice-making and promoting inclusion. In this bespoke course delegates are guided through the process of creating customised resources for example, Now and Then Boards, on dedicated software to support any subject.

This is an ICT-based course; all training will be carried out on laptops that need to have the InPrint 3 programme loaded on them.

Clicker 8

Target Audience: EYFS practitioners/Primary Teachers/SENCOs and Parents

Clicker 8 bespoke training offers you a chance to explore the updated Clicker 8 software.

"New for 2020, Clicker 8 offers a writing solution for the primary classroom, providing every pupil with just the right level of support and challenge."

New features include:

- 'Cloze' (go-to resource for comprehension exercises), a new analytics tool recording each pupil's writing journey in detail;
- 'Picturize' enabling you to instantly add pictures to any Clicker grid, including Sentence Sets and Word Banks;
- 'LearningGrids Zone' includes powerful new search tools so that you can find the ready-made Clicker resources you need;
- 'Add-video' option to bring books to life;
- 'Books and Boards' easier to create and customise;
- 'New Children's' Voices' offering regional accents.

Training available from Term 2 onwards. As it is a bespoke package it can be adapted for beginners or focused on those who would like to update their Clicker skills. This is an ICT-based course; training will be carried out on laptops.

Lego Groups

Target Audience: Teachers/SENCOs/TAs

Background and introduction in how to run Lego therapy for children with social communication difficulties, including the rationale behind and how to use this practically in school.

In addition to the listed Bespoke Training, most training packages in the brochure can be adapted to a Bespoke Training session. These Bespoke Training sessions can be modified to meet the needs of your setting or school and can be delivered for staff INSET training; either as whole day, half day or a twilight option.

If you would like more information or to submit a request for Bespoke Training, please contact:

Rachel Jackson admin@stls.nexusschool.org.uk

Language for Learning

Language for Learning will run if there is adequate interest in the course. To register your interest please email Tania.Lawrence@kent.gov.uk