

Cognition and Learning

Maths:

This term we will be learning about number recognition, 1 more and 1 less and simple addition and subtraction. We will be using a range of resources to help with our learning including Numicon, counting/sorting toys and number lines to support our learning.

English:

Throughout the term we will be developing our communication skills throughout our school day and during our structured communication sessions. We will have the opportunity to use our PECS and Communication books to engage in conversations with adults and peers. Some of us will also be engaging in regular Phonics sessions. We will also be developing our fine motor skills through pencil control and fine motor activities as well as developing our letter formation.

Our English and Maths will be delivered through TEACCH and discrete lessons.

Cognition and Learning cont.

Topic

Our Topic this term is My body. We will be learning about different body parts, our senses and how we use them and what we use our bodies for. We will be using a range of resources

Art

We will be using our bodies to create different pieces of art. We will be creating people, fish, giraffe, caterpillar and butterflies using our hands.

Communication and Interaction

Opportunities throughout the day to use preferred method of communication with both adults and peers.

To have structured Communication sessions where Phonics sessions will be completed and the opportunity for those who use PECS or Communication books to engage in activities to develop communication skills.

Opportunities throughout the school day to engage with peers and to show an understanding of 'appropriate' behaviours to display when interacting with peers.

To engage in daily Good Morning and Good Afternoon sessions with peers and to communicate and interact with others during these times.

Term 1 2020-2021

Class- Penguin

Topic - My
Body



Physical and Sensory Development

Sensory circuits- All students will participate in Sensory Circuit sessions which run twice daily in Penguin Class. All students will use appropriate visuals to complete these sessions and be as independent as possible. Activities will include altering organising and calming

PE:

We will be developing a range of skills during our weekly PE sessions, including hand eye coordination and developing our gross motor skills.

Music:

We will be engaging in Interactive music sessions as well as exploring how we can use our bodies to create music. We will be using different body parts to create sounds, such as our hands, feet and voices.

Independence

We will be completing daily independence sessions where we will be concentrating on a range of skills- for example dressing and undressing, doing up shoes, zips etc. Developing independence skills through working on fine and gross motor skills to help develop independence with cutlery/ scissors etc.

We will also be building our independence during work related tasks.

Social Emotional Wellbeing

Working on developing understanding of our own emotions as well as the emotions of others. This will be done through expressing how we are feeling in our Good Morning and Good Afternoon sessions, as well as referring to how students are feeling throughout their school day. For staff to also discuss how they are feeling to further demonstrate the range of feelings we can express.

The use of the 'Break' symbol will be introduced to students, with the intention of them developing the skills and understanding to use this independently when they feel everything is getting too much.