

### Understanding My World

- What are my favourite things, all about my fact file
- Playing alongside peers and what do they like to do
- Role play with houses, shops, transport
- All about my emotions, how am I feeling?
- What helps to keep me calm? How do I ask for this?
- Me and my class, people I spend the day with
- People who help me; family members, doctors, dentist etc.
- What did I used to look like compared to what I look like now
- Sensory exploration; using different senses to explore different sensory mediums
- Other people around me and how this effects my mood

### Physical Skills

- Use of small and large equipment (Indoors and Outdoors) and exploring which parts of the body I need to use.
- Development of fine motor skills through puzzles, threading, washing dolls, brushing hair and teeth, dressing and undressing etc.
- Repeating patterns in action rhymes and songs which link to body parts.
- Exploring how we can make our body move differently – fast, slow, crawling, walking, hopping, jumping etc.

### Life Skills

- How are our bodies made up? 2 arms, 2 legs, 2 hands, 10 fingers etc. Giant human jigsaw – What's in the Box? What is it? Where does it go?
- What do we look like? Exploring eye colour, hair colour etc. What makes us different and what makes us the same? Creating giant self portraits using paint. What colour are your eyes? Making choices from Makaton symbols.
- Daily Routine – what do I need to do at home each morning to get ready? What do I need to do before bed to get ready?
- Daily Routine – how do we get dressed? What do I need to wear if it's cold? What do I need to wear if it's hot?
- How do I become more independent; hand washing, getting dressed, washing up, tidying up.

Term 1 Sept 2020

Robin Class

All About Me



### Communication

- Making choices at Snack/Lunch Time.
- Visits to the School Library to choose and share stories.
- Topic linked Class Story Books – shared as a whole class and in small groups. Role play around stories and exploring key language and meaning.
- Blank level questioning around all about me topic
- Daily phonics sessions
- Mark making/hand writing practice

### Problem Solving

- Number recognition, shape recognition and colour recognition.
- Awareness of number activities and counting
- Group numbers, shapes and colours
- Beginning to count and add numbers.
- How many eyes do we have, how many legs etc.
- What colour are my eyes?
- How tall am I?
- What do I need to get dressed?
- How many siblings/pets do I have?

### Intensive and Peer Interaction

- Opportunity for intensive interaction
- Take a turn going around the circle and saying "Hello/Good Morning/Good Afternoon." Every time a peer successfully greets everyone, cheer for the person.
- Turn taking games such as skittles, building, Lego therapy, sensory trays
- Intensive interaction with a member of staff
- Helping with jobs around the classroom such as washing up, pushing the lunch trolley
- Soft play with peers
- Outside games in the playground
- Seesaw and swing with peers

### Creativity

- Self Portraits – using mirrors to explore what we look like and recording this using different art mediums.
- Using different art materials to create my name.
- Creating a class mural that represents Robin Class and our friends.
- <https://www.youtube.com/watch?v=cLi55MV04a8&safe=active> – Learning dance to identify different body parts.
- Hand and feet painting
- Using musical instruments to play along to our favourite song/nurse rhyme.
- Creating our own pictures of ourselves in different art mediums.

### Enrichment

Pupils to choose from a selection of Lower School Enrichment activities including:

- Art
- Baking
- Relaxation & Massage
- Multi-Sports
- Sensory Adventure
- Outdoor learning
- Dance, music & movement
- Rebound Therapy